



Resident Education Day

The Westin Calgary

Thursday, April 25, 2024

Facilitators: Drs. Allen Chang, Emily Goudie, Lucy Eum, Natanya Russek, Samantha Lui, and Taylor Carmichael

This one-day course was uniquely designed by geriatric medicine residents and program directors to complement the teaching curriculum of geriatric programs in order to cover Royal College examination topics. The day will include presentations from Canadian faculty experts, case-based discussions, Q&A panel discussions, and medical trivia.

At the end of this session, participants will be able to:

- complement the teaching curriculum of geriatric programs in order to meet the Royal College objectives for geriatric medicine;
- develop a diagnostic and therapeutic approach to common and uncommon symptoms in geriatric medicine; and
- allow residents from different programs across the country to engage in discussions and network.

Time	Event	Location
07:00 – 08:00	Registration	Grand Foyer
	Breakfast	Britannia
08:00 – 08:15	Welcome and Introductions	Belaire
08:15 – 08:45	<p>Unlocking Futures: CIHR IA Training, Careers, and Research Showcase Jane Rylett</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • understand the training and career development opportunities at CIHR and CIHR-IA; • describe real-world examples of research funded by CIHR and CIHR-IA; and • recognize relevant researchers funded by, and actively engaged in, CIHR and CIHR-IA activities. 	
08:50 – 09:50	<p>Approach to the Neurological Exam and Gait Assessment Dr. Kenneth Rockwood</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • sketch out a working trinitarian understanding of prefrontal cortex manifestations that can be incorporated in the neurological exam; • understand the logic for assessing paratonia, recognize its four common features, and their interpretation; and • consider paratonia as a paradigmatic feature on the neurological 	



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	examination for geriatricians.	
09:50 – 10:15	Networking Break (RGIG-sponsored coffee break)	Britannia
10:15 – 11:50	<p>Neuroimaging Basics Dr. Manish Joshi</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • review the utility of MRI, CT with PET correlation in the evaluation of dementia; • review the essential MRI pulse sequences in a baseline dementia MRI scan; • review the MRI appearance of selected dementias (Common and reversible causes, Dementia with Parkinsonism, and select other causes); and • review the imaging appearance of amyloid related imaging abnormalities (ARIA) that can occur in patients with AD that are receiving new anti-amyloid antibodies. 	Belaire
11:50 – 13:00	Networking Lunch	Britannia
13:00 – 13:45	<p>HIV in the Older Adult Dr. Jacqueline McMillan</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • recognize the changing epidemiology of persons living with HIV; • identify the most common comorbidities in older persons living with HIV; • demonstrate an approach to cognitive decline in older persons living with HIV. 	Belaire
13:45 – 14:30	<p>Pain Management Dr. Jim Silvius</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • recognize the characteristics of chronic pain and its impact on older adults; • articulate an approach to assessment of chronic pain in older adults; and • identify a structured approach to management of chronic pain under different scenarios. 	
14:30 – 15:00	Networking Break	Britannia
15:00 – 16:30	<p>Career Panel Erika Dempsey, Frances Carr, Alyson Osborne, Guillaume Lim Fat</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • appreciate the variety of practice models that geriatricians employ across Canada; • learn from the perspectives and experience of geriatricians at multiple 	Belaire



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	<p>stages in their career and with various practice settings; and</p> <ul style="list-style-type: none"> network with like-minded individuals and brainstorm areas for personal and professional development. 	
19:00 – 21:00	<p>Resident & Board Dinner - <i>Advance registration required.</i></p> <p>Keynote: Frailty Dr. Kenneth Rockwood</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> sketch out a working trinitarian understanding of prefrontal cortex manifestations that can be incorporated in the neurological exam; understand the logic for assessing paratonia, recognize its four common features, and their interpretation; and consider paratonia as a paradigmatic feature on the neurological examination for geriatricians. 	<p>Pulcinella</p> <p>1147 Kensington Crescent NW, Calgary</p>
21:00 –	<p>Resident Social Event (<i>Optional</i>)</p>	<p>The Hexagon Board Game Cafe</p> <p>1140 Kensington Rd NW #200, Calgary (403) 209-2881 thehexcafe.com/calgary/</p>