



The Canadian Geriatrics Society

Promoting excellence in healthcare for older Canadians

Continence for Geriatricians

May 1, 2019

A One-Day Symposium for Trainees and Learners

Sessions will be held in Sable BCD, ground floor level, Halifax Marriott Harbourfront Hotel

This one-day session is an initiative of the Continence Special Interest Group of the CGS, led by Dr. Adrian Wagg. Formal education in continence remains an unmet need for trainees in Geriatric Medicine and Care of the Elderly. The day will be comprised of a combination of didactic and case-based sessions allowing trainees to learn about physiology, pathophysiology, assessment and management of older people with urinary incontinence (UI).

8:00 – 9:00	Check-In and Continental Breakfast	
9:00 – 9:05	Introduction and Aims of the Day	Dr. Wagg
9:05 – 9:35	The Epidemiology of Incontinence	Dr. Wagg
9:35 – 10:05	The Physiology and Pathology of Incontinence and Its Subtypes	Dr. Gibson
10:05 – 10:20	Break	
10:20 – 10:45	Assessment of the Older Patient with Incontinence	Dr. Gibson
10:45 – 11:15	Initial Management of UI in the Older and Frail Older Person	Dr. Gibson
11:15 – 11:45	Thinking Outside the LUT – Pragmatic Geriatrics	Dr. Wagg
11:45 – 12:30	Lunch	
12:30 – 13:00	Pharmacological Management of UI and LUTS	Dr. Wagg
13:00 – 14:00	Surgical Management – What are the Options and for Whom? <ul style="list-style-type: none"> • Men • Women 	Drs. Bailly and Cox
14:00 – 14:30	Pads, Catheters and Appliances: Everything That You Need to Know But Have Never Thought of Asking	Dr. Bates
14:30 – 15:00	Break	
15:00 – 15:20	Nocturia and Nocturnal LUTS	Dr. Gibson
15:20 – 15:40	Incomplete Emptying	Dr. Wagg
15:40 – 16:25	Multifactorial Incontinence: Cases	All
16:25 – 16:30	Wrap-Up	Dr. Wagg

Please note:

- Financial support for this program has been provided in the form of an unrestricted educational grant from Pfizer Canada.