

CGS 41st Annual Scientific Meeting

Promoting Resilience in Older Adults

April 7-9, 2022 | Virtual

#CGS2022

Register Today



Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Geriatrics Society.

This Group Learning program has been certified by the College of Family Physicians of Canada and Quebec Chapter for up to 13.50 Mainpro+ credits – Session ID #196386-001.

Learning Objectives

At the end of the meeting, participants will be able to:

- incorporate evidence based care to improve resilience and health in older adults;
- appraise strategies to improve health care systems for older adults;
- provide equitable and inclusive care for a diverse population of older adults.

Please note –

All times listed in the program are in Eastern Standard Time.

A minimum of 25% of each session will be dedicated to participant interaction.

Friday, April 8, 2022

Time	Event
10:40 a.m. - 10:50 a.m.	Virtual Check-in
10:50 a.m. – 11:00 a.m.	Welcome and Opening Remarks Sharon Marr and Alexandra Papaioannou, CGS 2022 ASM Conference Chairs Jane Rylett, Scientific Director, CIHR Institute of Aging
11:00 a.m. – 11:30 a.m.	Health Care and System Changes for Optimal Care of Older Adults Moderator: Sharon Marr Speaker: Sharon Straus
11:30 a.m. – 12:15 p.m.	System Changes Panel Discussion Moderator: Barbara Liu Speakers: Vivian Ewa, Sacha Bhatia, Anne Pizzacalla, Sharon Straus

Disclaimer: Speaker opinions and presentations are their own and not necessarily supported by the Canadian Geriatrics Society.

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12:15 p.m. - 12:45 p.m.	Lunch Break <i>Please take this time to visit the exhibit hall, virtual posters or complete speaker evaluations – all accessible in the CGS ASM Portal!</i>
12:45 p.m. – 1:50 p.m.	KEYNOTE ADDRESS Delirium, a Barometer for Brain Vulnerability: Clinical and Research Updates Moderator: Alexandra Papaioannou Speaker: Sharon Inouye
1:50 p.m. – 2:00 p.m.	Break
Concurrent Block 1	
2:00 p.m. – 3:00 p.m. #1	Future of Long-Term Care Panel Discussion Moderator: Sid Feldman Speakers: Samir Sinha, Samantha Peck, Doris Grinspun, Ashley Verduyn, Benoit Robert
2:00 p.m. – 3:00 p.m. #2	I Want to Deprescribe but How do I do it? Clinical Pearls for Deprescribing Moderators: Justin Turner, James Silvius Speakers: Sepehr Shakib, Benoit Cosette, Christine Soong
2:00 p.m. – 3:00 p.m. #3	Oral Abstract Presentations, Eligible for Thompson Award Moderator: Tricia Woo <ul style="list-style-type: none"> #1 Predicting Adverse Discharge Destination from Geriatric Rehabilitation: A Retrospective Chart Review Arian Karimi #2 Social Capital, Cognitive Health, and the Epigenetic Clock in Older Canadians Aileen Lang #3 Interviews from an Environmental Scan Exploring Facilitators and Barriers for Perioperative Geriatric Care Models Mubeena Mistry #4 Older Adults Assigned a 'Low Acuity' Triage Score: A Description of Patient Characteristics and Outcomes in St. John's, NL Rachel Price #5 Accessibility of a Virtually Delivered Fall Prevention Program During COVID-19 for Frail Community-Dwelling Older Adults Sophie Weiss #6 Does a Simple Bedside Clinical Frailty Score Predict CPR Survival? Gloria Yu
3:00 p.m. – 3:10 p.m.	Break
Concurrent Block 2	
3:10 p.m. – 4:10 p.m. #4	Orthogeriatrics in Canada – A Practical Approach Moderator: Erica Dempsey Speakers: Ya Jing Liu, Angela Juby, Jenny Thain

3:10 p.m. – 4:10 p.m. #5	Challenging Narratives of Resilience Moderator: Vivian Ewa Speakers: Mireille Norris, Jennifer Walker, Sharmistha Mishra, Joshua Wales
3:10 p.m. – 4:10 p.m. #6	Oral Abstract Presentations, Eligible for the Réjean Hébert Award Moderator: Adrian Wagg #7 Geriatric Specialists Perspectives on Virtual Care during the COVID-19 Pandemic Victoria Chuen #8 Interventions to Reduce Social Isolation and Loneliness in Older Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials Peter Hoang #9 Correlates of Anxiety and Depression in Caregivers to Assisted Living Residents During COVID-19: A Cross-sectional Study Natasha Lane #10 Psychiatry Service Utilization Among Older Home Care Clients Differs in Two Canadian Provinces Jasmine Mah #11 Assessing Advance Care Planning Visits in a Residency based Outpatient FQHC Krishna Parikh #12 Pharmacological Management of Agitation and Delirium in Older Adults: A Survey of Practices in Canadian Emergency Departments Natanya Russek
4:15 p.m. – 4:45 p.m.	Social Event – Mixologist It's happy hour at the CGS 2022 ASM! Please join your colleagues from across the country and Mixologist Trevor Burnett for a fun and interactive lesson on how to create two classic cocktails: a mojito and a daiquiri! For a list of ingredients, please click here . *Non-alcoholic drink options will also be available.
4:50 p.m. – 5:50 p.m.	CGS Annual General Meeting (members only)

Saturday, April 9, 2022

Time	Event
10:45 a.m. - 10:55 a.m.	Virtual Check-in
10:55 a.m. - 11:00 a.m.	Welcome to Day Two Sharon Marr and Alexandra Papaioannou, CGS 2022 ASM Conference Chairs
11:00 a.m. – 12:00 p.m.	Where does Geriatric Medicine fit Post-pandemic?: Evidence and Experiences from the UK Moderator: Sharon Marr Speaker: Adam Gordon, British Geriatrics Society
12:00 p.m. – 12:10 p.m.	Break <i>Please take this time to visit the exhibit hall, virtual posters or complete speaker evaluations – all accessible in the CGS ASM Portal!</i>

Concurrent Block 3	
12:10 p.m. – 1:10 p.m. #7	<p>Older Adults Living with Dementia Moderator: Heidi Schmaltz Speakers: Jennifer Watt, Zahra Goodarzi, Patricia Hewston, Anthony Levinson, Richard Sztramko, Lisa Raitt</p>
12:10 p.m. – 1:10 p.m. #8	<p>CGS Education Workshop Moderator: Thirumagal Yogaparan</p> <p>Thank you to Sylvia Lustgarten – CGS Aging Care 5M Medical Student Competency Client Family Partner Working Group Member</p> <p>Creating a better virtual SPACE: Using the SPACE Framework to Audit and Improve your Virtual Teaching Speaker: Teresa Chan</p>
12:10 p.m. – 1:10 p.m. #9	<p>Oral Abstract Presentations, Eligible for the Dr. Jack & Dr. Asa Award Moderator: Jenny Thain</p> <p>#13 Diagnostic Accuracy of Tools for Measuring eHealth Literacy in Older Adults: a Systematic Review Yu Qing Huang</p> <p>#14 Surgical Acute Care of Elderly (ACE) Strategy Rameez Imtiaz</p> <p>#15 Contemporary Attitudes, Knowledge, Practices and Needs of Geriatricians and Residents Caring for Older Surgical Patients Alana Miller</p> <p>#16 Understanding Consultation Patterns of the Inpatient Geriatric Service in Calgary, Alberta Krista Reich</p> <p>#17 Persistence of Overactive Bladder Therapies in Frail Older Adults Luxey Sirisegaram</p> <p>#18 The Effect of Age and Obesity Severity Assessed by Edmonton Obesity Staging System on Weight Loss Corita Vincent</p>
12:10 p.m. – 1:10 p.m. #10	<p>In Conversation with the CIHR Institute of Aging - Towards the New 2022 Strategic Plan Speaker: Jane Rylett</p>
1:10 p.m. – 1:40 p.m.	<p>Lunch Break and Networking Sessions <i>Please take this time to visit the exhibit hall, virtual posters or complete speaker evaluations – all accessible in the CGS ASM Portal!</i></p> <p>Networking Break – Virtual Round Tables <i>For this session, registered delegates will be able to choose a virtual round table to allow for small group networking. Each round table will be moderated. Participation is encouraged in this valuable networking opportunity! Please note: each room has a 100 person capacity.</i></p> <ul style="list-style-type: none"> Improving the Health & Wellness of the Geriatric Services Workforce Moderator: Elizabeth Rhynold

	<p><i>Let's meet to share and sort potential health & wellness initiatives into the Stanford WellMD Model of Professional Fulfillment™ dimensions: Culture of Wellness, Efficiency of Practice and Personal Resilience. Further, we can summarize these into Spheres of Concern, Influence and Control and provide the summary to the CGS executive</i></p> <ul style="list-style-type: none"> • Gender, Equity and Diversity Moderators: Lesley Charles and Elizabeth MacDonald <i>Share experiences around equity and diversity as well as discuss how this can be furthered in the industry and within the CGS.</i>
Concurrent Block 4	
1:40 p.m. – 2:40 p.m. #11	<p>Mental Health Update: Depression, Anxiety, and Substance Abuse in Older Adults Moderator: Amy Freedman Speakers: Sophiya Benjamin, David Conn, Jonathan Bertram</p>
1:40 p.m. – 2:40 p.m. #12	<p>Post COVID-19 Condition Moderator: Heidi Schmaltz Speakers: Lindy Romanovsky, Alexandra Rendely, Angela Cheung</p>
1:40 p.m. – 2:40 p.m. #13	<p>Oral Abstract Presentations, Eligible for the Cowdry Award Moderator: William Gibson</p> <p>#19 Impact of Prehabilitation on Functional Outcomes following Total Joint Arthroplasty for Osteoarthritis: A Systematic Review and Meta-analysis of Randomized Controlled Trials Tony Adebero</p> <p>#20 Opioid and Non-opioid Analgesic Use in Older Orthopaedic Rehabilitation Inpatients Aaron Bilek</p> <p>#21 Exploring Patterns of Physical Activity, Sedentary Behaviour, and Sleep in Community-Dwelling Older Adults Living with Frailty Milothy Parthipan</p> <p>#22 Association Between Non-English Preferred Language and Restraint use Among Patients with Delirium Christina Reppas-Rindlisbacher</p> <p>#23 Frailty Prediction Using Doctor's Communications in Primary Care System: eConsult Arya Rahgozar</p> <p>#24 The Impact of Advanced Age on Prosthetic Rehabilitation Gait Outcomes Following a Lower Limb Amputation Ashvene Sureshkumar</p>
Transition Break	
2:50 p.m. – 3:35 p.m.	<p>Dementia Friendly Hospitals Moderator: Alexandra Papaioannou Speaker: Frank Molnar</p>
3:35 p.m. – 3:55 p.m.	<p>CGS Awards, Poster Awards, Oral Abstract Awards Ronald Cape Distinguished Service Award Peter McCracken Physician Innovator in Education Award Honorable Mention of Recognition CGS-Pfizer Continence Research Award</p>

	<p>The Dr. Jack and Dr. Asa Award Willard and Phoebe Thompson Award Edmund V. Cowdry Award Réjean Hébert Canadian Institutes of Health Research - Institute on Aging Prize Top 3 Poster Awards</p>
<p>3:55 p.m. – 4:55 p.m.</p>	<p>Top 10 Papers Moderator: Dov Gandell Speakers: Luxey Sirisegaram, Peter Hoang, Krista Reich, Jenny Huang</p>
<p>4:55 p.m.</p>	<p>Closing Remarks Sharon Marr and Alexandra Papaioannou, CGS 2022 ASM Conference Chairs</p>

Poster Abstracts

This year the CGS posters will be presented electronically in the CGS ASM portal. All posters will be accessible to registered delegates and will include an electronic poster and a video description. The poster portal will be accessible at leisure. For a complete list of posters, see below. **Thank you to the Canadian Institutes of Health Research – Institute of Aging for supporting the trainee posters.**

POSTER #	ABSTRACT
25	Association Between Regional Brain White Matter Hyperintensity Burden and Cognitive Domains in Parkinson's Disease Daniela Cristina Abreu, William E. McIlroy, Sean Symons, Sandra Black, Christopher Scott, Robert Bartha, Paula McLaughlin, Anthony Lang, Frederico Pieruccini-Faria, Manuel Montero-Odasso
26	The Role of The Community Pharmacists in The Management of Acute Pain in Adults: A Scoping Review Khiran Arumugam, Katayoun Khorramak, Julio Flavio Fiore Junior, Amal Bessissow, Sylvie Perreault, Louise Papillon-Ferland, Suzanne Morin
27	Screening for geriatric syndromes in community pharmacy: A feasibility study Radja Belakrouf, Nirvishi Jawaheer, Justin Turner, Louise Papillon-Ferland
28	The Canadian Collaboration on Neurodegeneration and Aging - COMPASS-ND Study Michael Borrie, Nimi Bassi, Celine Fouquet, Zia Mohaddes, Cynthia Di Prospero, Howard Chertko, Jennifer Fogarty, Natalie Phillips, Randi Pilon, Sarah Best, Jonathan Beuk
29	Deprescribing and long-term care resident empowerment in medication management: a mixed-methods study Émilie Bortolussi-Courval, Emily McDonald
30	Outcomes of Decision-Making Capacity Assessment Lesley Charles, Utkarsha Kothavade, Suzette Brémault-Phillips, Karenn Chan, Bonnie Dobbs, Peter George Jaminal Tian, Sharna Polard, Jasneet Parmar
31	Deprescribing Education in Medicine, Nursing, and Pharmacy: A scoping review Brian Chow, Alexi Yuzwenko, Liz Dennett, Cheryl Sadowski
32	Who gets discharged with an opioid prescription? A retrospective analysis of older orthopedic rehabilitation inpatients Aaron Jason Bilek, Carolyn Michelle Tan, Richard E Norman, Ella Huszti, Qixuan Li, Stephanie Cullen
33	Staying Apart to Stay Safe: Consequences of imposed social isolation due to COVID-19 visitor restrictions on the cognitive functioning of residents in Long-Term Care and Assisted Living facilities in British Columbia Lauren R Cuthbertson, Isobel Mackenzie, Kaitlyn Roland
34	Examining the Relationship Between Dual-task Gait Costs and Cognition in Community Dwelling Alzheimer's Disease Patients Christopher Davis, Brian Maraj, Angela Juby
35	Exploring the Use of a Structured Cognitive Screening Protocol Followed by Geriatric Assessment in an Ambulatory Hemodialysis Unit: A Collaborative Geriatric-Nephrology Quality Improvement Initiative Jamal Depradine, Pierre Brown, Deborah Zimmerman, Allen Huang

36	<p>Prioritizing mental health support, care and treatment for older adults: what matters most to Canadians</p> <p>Justine Giosa, Elizabeth Kalles, Paul Holyoke, Heather McNeil, Karthika Yogaratnam</p>
37	<p>Improving Urinary Incontinence Care on the Acute Geriatric Unit: A Quality Improvement Project</p> <p>Selynne Guo, Zahra Goodarzi, Erika Dempsey</p>
38	<p>Electronic consultation use by advanced practice nurses in older adult care - a descriptive study of service utilization data</p> <p>Ramtin Hakimjavadi, Sathya Karunanathan, Cheryl Levi, Kimberly LeBlanc, Sheena Guglani, Mary Helmer-Smith, Erin Keely, Clare Liddy</p>
39	<p>Electronic consultation as a tool for informing frailty identification in provider-to-provider communication</p> <p>Ramtin Hakimjavadi, Erin Keely, Amir Afkham, Arya Rahgozar, Mohamed Gazarin, Jim LaPlante, Mary Helmer-Smith, Cheryl Levi, Celeste Fung, Sathya Karunanathan, Clare Liddy</p>
40	<p>Skeletal Health Determinants and Outcomes Among Canadians: Comparison of the Canadian Multicenter Osteoporosis Study and the Canadian Longitudinal Study on Aging Cohorts</p> <p>Nazila Hassanabadi, Claudie Berger, Alexandra Papaioannou, Angela M. Cheung, Elham Rahme, William D. Leslie, David Goltzman, Suzanne N. Morin</p>
41	<p>Empowering Dementia Friendly Communities, Hamilton, Haldimand: Implications of a Community Consultation for Health Care Service Provision</p> <p>Loretta M Hillier, Jennifer Siemon, Wendy Renault, Anne Pizzacalla, Sharon Pierson, Olivia Mouriopoulos, Sharon Marr, Nicole Mans, Lori Letts, Shelagh Kiely, Debbie Keay, George Ioannidis, Susan Goodman, Tracy Gibbs, Laura Garcia Diaz, Phyllis Fehr, Mary Burnett, Alexandra Papaioannou</p>
42	<p>Time to Talk About Tissue Donation: Baseline Data</p> <p>Paula Horsley, Frances Carr</p>
43	<p>Assessing The Utility Of The Mild Behavioral Impairment Checklist: The Association of Neuropsychiatric Symptoms With Cognitive Impairment</p> <p>Sophie Hu, Scott Patten, Anna Charlton, Karyn Fischer, Gordon Fick, Eric Smith, Zahinoor Ismail</p>
44	<p>Can a paramedic-led standardized prehospital assessment protocol of older adults following a ground-level fall safely identify patients with urgent conditions and reduce the number of ambulance transports to the ED following a geriatric training? - a feas</p> <p>Paul Hutchinson, Alexandra Nadeau, Eric Mercier, Jasmin Bouchard, Sarah Beaulieu, Audrey-Anne Brousseau, Émilie Breton</p>
45	<p>Physical Function and the Impact of Medications in Older Adults: A Scoping Review</p> <p>Halimat Ibrahim, Jordin Tilbury, Allyson Jones, Cheryl Sadowski</p>
46	<p>Utility of practical office-based assessment versus DXA Body Composition for identification of low muscle mass in Seniors.</p> <p>Angela Juby, Christopher Davis, Suglo Minimaana, Diana Mager</p>
47	<p>A study of primary care providers' use of eConsult in frailty care: uncovering the tip of the iceberg</p> <p>Sathya Karunanathan, Giovanni Bonacci, Celeste Fund, Allen Huang, Benoit Robert, Tess McCutcheon, Deanne Houghton, Erin Keely, Clare Liddy</p>

48	Leading to Achieve Integrated Care in Geriatrics Kelly Kay, Valerie Scarfone, Jennifer McLeod
49	Perspectives of Chinese family caregivers' access to health and social services for their older loved ones in the Greater Toronto Area: How grit may be key Charlotte Lee, Doris Leung, Sammy Y.J. Chu, Franco Ng, Paige J. Wen, Jiayue Fan, Daphne S.K. Cheung,, Lisa Seto Nielsen, Sepali Guruge, Jason Wong
50	Validity, reliability, and acceptability of the CanMEDS "Resident as Teacher Multisource Feedback" assessment tool Janice C. Lee, Jenny Yu Qing Huang, Camilla L. Wong
51	Assessment, Treatment, and Documentation of Malnutrition in the Geriatric Population Bianca Leuzzi, Joshua Raymond, Melissa Edgar, Anand Shah, Zeeshan Khan, Maria Ciminelli
52	LTC Outreach Nurse Practitioners: Covid-19 wave 1 to vaccines and beyond Cheryl Levi, Judy Etele, Kathryn May, Barbara Torkornoo, Hidetake Yamanaka
53	Web-Based Dementia Foundations Program Improves Knowledge Significantly in Personal Support Workers (PSW), PSW Trainees, and Care Companions: Results from a Pilot Study Anthony Levinson, Stephanie Ayers, Lori Mosca, Alexandra Papaioannou, Sharon Marr, Richard Sztramko
54	Nationwide Survey of Orthogeriatric Care Models in Post Hip Fracture Patients Age 65 and Older Ya Jing Liu, Dana Trafford, Jenny Thain, Alexandra Papaioannou, George Ioannidis
55	Frailty and Point-of-Care Ultrasound Measures of Muscularity in Older Adults Kenneth Madden, Boris Feldman, Shane Arishenkoff, Graydon Meneilly
56	Withdrawn
57	Withdrawn
58	Bringing the Topic of Driving Cessation to the Forefront with the Driving and Dementia Roadmap (DDR) Gary Naglie, Elaine Stasiulis, Harvir Sandhu, Christina E Gallucci, Mark J Rapoport
59	Understanding how frailty is addressed in the training of perioperative specialists: A scoping review Shara Nauth, Gabriella Jacob, Jenny Thain, Jaspreet Bhangu
60	Engagement and attitudes towards advanced care planning in primary care during COVID-19 Solveig Nilson, Matthew Bzura, Haidar Kubba, Steven West, Lori Schramm, Adam Clay
61	Health care savings associated with harm reduction services for older people: an interrupted time series analysis Lara Nixon, Mark Hofmeister, Amity Quinn, Fadzai Moreblessing Punungwe, Megan Sampson, Martina Kelly, Kerry McBrien, Rita Henderson, Neil Drummond
62	Listening for a chaos narrative: a qualitative study to improve harm-reduction care for older people with experiences of homelessness Lara Nixon, Megan Sampson, Ashley McInnes, Fadzai Moreblessing Punungwe, Rita Henderson, Martina Kelly

63	Virtual medical education's impact on learner engagement during the COVID-19 pandemic Junghyun Park, Olivia Geen, Dana Trafford, Batoul Alwazan, Xuyi Mimi Wang, Joye St. Onge
64	Engaging Multi-level Interdisciplinary Stakeholders in Co-design of Competency-Based Education: Stepping towards integrated supports for family caregivers Jasneet Parmar, Glenda Tarnowski, Gwen McGhan, Myles Leslie, Lyn K. Sonnenberg, Lesley Charles, Cheryl Pollard, Sharon Anderson, Tanya L'Heureux, Denise Melenberg
65	Correlates of Anxiety among Alberta Family caregivers After 18 Months of the COVID-19 Pandemic Jasneet Parmar, Tanya L'Heureux, Bonnie Dobbs, Sharon Anderson, Peter George J. Tian
66	Describing wait times associated with access to Geriatric Medicine consultation in the outpatient setting in Ontario, Canada Paula Pop, Loretta Hillier, Jennifer Siemon, Sharon Marr
67	An observational study of the correlation of frailty severity with mental health Reshma Rasheed, Yathorshan Shanthakumaran, Anjali Patel,
68	Influence of Policy on Potentially Inappropriate Medications in Seniors: Case studies from Canada Maha Rehman, Justin Turner, Mathieu Charonneau, Cheryl Sadowski
69	Frailty and urinary incontinence Kenneth Rockwood, Ali Muhammad, Olga Theou
70	Point prevalence of delirium in the Halifax Infirmary on World Delirium Awareness Day, March 17th, 2021. Alexandra Rogers, Karen Nicholls, Samuel Searle
71	Launching PILUTS: A Pharmacy Intervention Study to Improve Lower Urinary Tract Symptoms Cheryl Sadowski, Yazid Al Hamarneh
72	Caregiver Experience of Driving Cessation in Dementia: Results from the Alzheimer Society of Saskatchewan Driving and Dementia Project Caregiver Survey Dena Sommer, Patti Kelm, Elaine Stasiulis, Mark J Rapoport, Gary Naglie
73	Risk factors associated with contracting COVID-19 and mortality in a long-term care facility during its first outbreak. Michael Sun, Manveer Bal, Barry Clarke, Melissa Andrew, Kenneth Rockwood, Samuel Searle
74	Perspectives in the use of "Failure to Thrive" in hospitalized older adults: a qualitative study Clara Tsui, Robynn Lester, Keeva Lupton, Krista Lagimodiere, Martha Spencer
75	Pioneering older adult research in community pharmacies: Insights into barriers and facilitators Julia Vu, Yazid Al Hamarneh, Cheryl Sadowski
76	Using Implementation Science to Promote the Use of the Fascia Iliaca Blocks in Hip Fracture Care Camilla Wong, David Mackinnon, Sharon Straus, Stephen Chan, Sarah Ward, Nick Lo, Kyle Silveira, Elikem Togo, Jeanette Cooper, Keelia Quinn de Launay, Vivian Law, Marjorie Hammond, Christine Fahim

77

Canadian Geriatrics Society (CGS) 2021 Aging Care 5 M competencies for Graduating Canadian Medical Students

Thirumagal Yogaparan, Shrujan Rai, Tammy Bach, Sylvia Bell, Sid Feldman, Martin Moran, Lara Khoury, Karen Ng, Jenny Thain, Jeff Smallbone, Elizabeth Macdonald, Dilpriya Mangat, Cindy Grief, Cheryl Sadowski, Catherine Talbot-Hamon, Alishya Burrell, Anicha Vickneswaran

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